

# 101 Relationship Questions

## 101 QUESTIONS TO ASK EACH OTHER

### 1. Communication

- When you get home from work, what are the 3 things you would like me to do or say in the first several minutes?
- How will you tell me that you've changed our responses to any of the these questions?
- What do I say that makes you the most uncomfortable when we are alone together?
- What do I say that makes you the most uncomfortable when we are together in public?
- What are you tolerating about how we speak with each other?
- What about my voice or communication style makes you want to spend more time with me?
- What about my voice or communication style makes you want to spend less time with me?
- How do you feel about arguing/fighting?
- What should I never say to you, even in anger or frustration?
- What will I have to say or do to get your attention when I've not been able to?

### 2. Our Happiness

- How much space/time do we need apart during the day? Week? Month? Year?
- How long are we in this relationship for?
- What will keep us happily together?
- What need of yours will I never be able to fill/satisfy?
- Why is that?
- What kind of memories do we want to create together?
- What do you expect from me that you really should be expecting of yourself?
- What has held you back, intimacy-wise, in your personal relationships?
- Who do we know who has the kind of intimacy that we most want?
- How much room/license do we have to ask the other person to change?
- What changes do you think I'll need to make in order for you to be really happy?

### 3. Our Relationship

- What will be the early warning signs that our relationship is in trouble?
- How will we know if our relationship is over?

- What activities and common interests can we develop that will bring us closer together?
- What are you willing to do with or for me that you haven't been willing to do with any previous relationship?
- What are your feelings about monogamy at this stage of our relationship? Is it possible that that will change over the next 10 years?
- Why are we in this relationship in the first place?
- Where will we be in this relationship 5 years from now?
- What's the biggest lesson you can learn from me?
- What's the biggest lesson I can learn from you?
- What about our relationship will evolve us both?

### 4. Our Reactions

- What is going to set you off?
- What can you say to me before this happens?
- What do you do when you feel hurt by me?
- How will I be able to be forgiven when I've done something that really hurts you?
- What will ruin our relationship?
- Which of my weaknesses have you totally accepted and no longer have a problem with?
- Who do I remind you of? Is that okay?
- What are 3 concerns you have about my emotional/psychological state or personality?
- What habits do I have that are upsetting you?

### 5. What Happens If...

- What will you do when you feel tempted sexually by another person?
- What do we do if one of us wants sex and the other one does not?
- What will you say -- or not say -- if you cheat on me?
- What happens if we can't agree on something important which involves both of us?
- How can we get both of our needs met when we want different things on a particular day?
- What do we do if both of us are having a bad day?
- What happens if we're upset with each other before we go to sleep?
- What happens if one of us needs more space than the other?

- What happens if I can't stand someone who becomes a close friend or associate of yours?
- What happens if I get discouraged about our relationship?

## 6. Touching (non-sexual)

- What kind of touch or demonstration best says "I love you" to you?
- What are the 3 parts of your body that you most like touched? How?
- What are the 3 parts of your body that you most like massaged?
- How close do you like to sit when eating together?
- How "touchy" do you like to be with me?
- How "touchy" do you want me to be with you?
- How do you feel about PDAs (public displays of affection)?
- Where should I NOT touch you? Why?
- How should I touch you differently?
- How will you tell me when you need to not be touched for a little while?

## 7. Preventing Problems

- What could I do that will cause you to pull away from you?
- What's our code word to use during a conversation/argument where one of is getting hurt and a time out is needed?
- What can we do to avoid arguing/fighting entirely? Is it possible?
- When we argue, how will you take responsibility for your part of the problem?
- What about our living situation is likely to give us a recurring problem?
- What about our personalities is likely to give us a recurring problem?
- What about our financial situation is likely to give us a recurring problem?
- What about our children is likely to give us a recurring problem?
- What about our parents/family is likely to give us a recurring problem?
- What about our work is likely to give us a recurring problem?

## 8. Sexual Discovery

- What is the ideal way for me to start the sexual process?
- What 5 things work well for you as an aphrodisiac?
- How will we let each other know what we want sexually?
- How much time do you usually need to warm up?

- Do you prefer sex in the evening? Morning? Daytime? Anytime?
- How many days between sex will be too long?
- How long should sex take, from beginning to end?
- Do you like to talk during sex (dirty or conversational)?
- Besides the bedroom, is there anyplace else in the house that you like to have sex?
- What's the biggest sexual turn off for you?

## 9. Sexual Preferences

- Would you like to be more aggressive or dominant with me, sexually?
- What do you think \*I\* like most in regards to our lovemaking?
- What were the hottest sexual experiences you've ever had?
- How important is 'hot sex' to you in our relationship?
- If I said you could do anything to me, what would that be?
- What about my personality is sexy to you?
- Which sexual positions or acts is off limits forever and ever?
- Which sexual positions or acts is off limits, at least for now?
- What is a fantasy of yours that I probably will never be able to fulfill?
- What should I say or not say during your orgasm?

## 10. Sexual Activities

- What are the 5 most sexually sensitive areas of your body?
- Is there something you really like to do sexually that you're afraid I won't like or will think less of you for?
- What are the five things you like most about my body? Why?
- What drives you wild?
- What fantasy would you like to act out with me?
- If we did the same thing each time for sex, what would you want that to be?
- What do you most want to do after we've had sex?
- What are your favorite sexual positions/activities?
- What's the kinkiest thing we'll probably ever do together?

## 11. 101. And...

- What's the most sacred part of you?

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